

The Grove Fun Times

AUGUST 2018

AROUND THE GROVE

DIRECTORY PHOTO SHOOT

Attention: to all residents

We will be set up in the foyer of the new clubhouse to take your picture for the 2019 Grove Directory on Aug. 12 @ 12:00 to 1:00. We would love for everyone to have their picture made especially if you're a new resident, picture older than 2 years, or if you would like a new picture taken. We are trying to get an early start to see if we can get it published before December. So we need your cooperation in getting this done. Hope to see you at the new clubhouse on the 12th.

John Stetz / Althia Fox

~~~~~

**LABOR DAY DINNER** will be September 3.

Sign up sheet is in the old clubhouse.

Deadline to sign up is August 28.

Ticket sales will be the day of the event starting at 3:00 p.m. (new clubhouse).

Cost is \$5.00 per person. (No ticket, no plate).

Dinner will be served at 4:00 p.m. and LIVE MUSIC from 5:00 to 7:00 p.m.

Menu: Midwestern BBQ Pork steak OR Hamburger, potato salad, baked beans, chips and desserts. Coffee and Tea provided-BYOB!

Please contact Fred Shelton if you would like to volunteer. 314-220-8164.

~~~~~

GROVE VOLUNTEER ACTIVITY MEETING

Meeting was held on Tuesday, July 3 @ 10:00 with approximately 54 residents present. We enjoyed coffee and doughnuts (Lickin Good) in new clubhouse. Minutes were approved from last meeting. Joanne Smith reported on the treasury amount. Purchases that had been approved last month were reported with a motion approved to add an additional \$200 to budget for additional supplies. Activities were discussed. Upcoming new activities were reported and discussed. Patty Etheridge discussed the new clubhouse. Meeting was then adjourned until Aug. 7 @ 10:00.

If you are a volunteer for any activity we urge you to attend to discuss the progress and/or improve the attendance of that event.

Also, you do not need to be over an event to attend this meeting. Come enjoy some coffee/doughnuts and see what activities that are going on in the Grove. We do ask only discuss activity business, raise hand for question/comment, and be courteous.

A copy of the meeting minutes are in a box in the old clubhouse for those who wish to read the minutes. Hope to see you at the meeting on Aug. 7th @ 10:00.

Althia & Patty

~~~~~

## Karaoke

Unfortunately karaoke was held in old clubhouse because of work being done on stage area. We had around 20 people enjoying the singing of others, singing along, and dancing. We had a new couple, Tom & Nancy Woodward, who got up and sang. What a great voice and the applause that they got. Great to have new singers. Flyers will be put out for next month's karaoke and we hope to see a lot of new people coming to enjoy. You don't have to sing, just come dance, relax, or tap that foot. Hope to see you there.

Don & Althia

We had a great time at **karaoke** on Saturday evening. Lots of great songs. You don't have to sing to come and enjoy the music. Don and Althia host karaoke the 2nd Saturday from 6-8. So mark your calendar and join the fun.

Kathy Olewiler



~~~~~



BIBLE STUDY

Bible Study will start back up on Thursday September 6th at 10 a.m. in the large room of the new clubhouse (if the television is in place). We will do an 8 week study using Ray Vander Laan's video "Life and Ministry of the Messiah". This will be a way that you can "experience the Bible in historical context". Each week will stand on its own so you can start at anytime. I hope to see you there. May God Bless!!

~~~~~

## COMPUTER CLASS

A 4 week basic computer class with instructor, John Stetz, will start Aug. 29 in the Library @ 1-2:00 P.M. If you have a personal laptop for your own use please bring with you. We only have 4 computers to share in Library. The computer class will be held every Wednesday until Sept. 19th. The class will be limited to 12 people. So please sign up in old clubhouse after Aug. 8th.

~~~~~

For our **JULY LADIES LUNCHEON** we went to Playa in Orange Beach. We had a nice attendance and a great group of ladies as usual. Our food and drinks were half price, and everyone took advantage of it. we had six ladies celebrate birthdays and anniversaries. We had three guests to join us, and really enjoyed our company. The restaurant was very nice, roomy and bright, and on the water. The food and the service was great, we will have to do a rerun. we will be going to Acme oyster house in August. Look forward to seeing you there. The ladies have a great when we get together. Ladies come join us and guests are always welcome. If you are able please call before 10:30 on the Monday before if you cannot make the lunch. God bless each of you. Jeanne Pingleton

~~~~~

## B-I-N-G-O

In case you did not know - - we play B-I-N-G-O at the clubhouse on the 2nd and 4th Tuesdays of every month. We start at 6:30 pm, and we play for approximately an hour. In that hour, we usually play several "games". Each "game" consists of 3 variations of BINGO, and can be a lot of fun.

The first variation is traditional, straight line BINGO (Vertical, Horizontal or Diagonal) with the winner getting one single BINGO on a card. The second variation is that the winner has to get TWO BINGOs on one card (in this variation, covering each of the 4 corners counts as a BINGO). The third variation will mean that the winner covers their numbers in a pattern determined by the caller before that game started.

The last "game" of the evening will be the "coverall", where every number on the winning card has to have been called.

Our crowds vary in size, depending on our player's personal schedules - - most nights we have 8 to10 players.

We encourage you to join us for an hour or so of fun and great socializing - - where you might just win enough nickels to buy a burger at McD's - - the burgers ARE still selling for 15 cents, aren't they???

~~~~~

CRAFT NEWS

Here are the ladies having fun learning to fold pages of a book to make a vase. This is our first class in our new craft room. Lots of conversation and laughter. We had 14 ladies learning a new craft. Next month we'll learn how to make flowers out of book pages to decorate the vases. We had 2 residents that this was their first craft class. So if you are interested in learning a craft watch for the monthly sign up sheets.



CRAFTERS...do you have a project that you are having a hard time working on? Or one that you want to start but just can't seem to find the time? Well grab your project and join us the 1st Monday of the month at 1:00 in the new craft room. You'll meet other crafters and it's lots more fun working on a project when you can visit with other's. It's a great time to share ideas and see what others are doing. Even if you don't craft stop by and see what everyone is doing. Do mark your calendar and we'll see you there.

~~~~~



Come join in the fun at **BUNKO!** Last Month winners were Barbara most wins, Connie most Bunko , Nancy most loses and Fred won the drawing . We had four full tables . Lots of laughs and great friends.

Next month Monday August13. And as always Wine and Snacks.



7-3-18 **TRIVIA** was hosted by Connie & Mark McCandles and enjoyed by 24 Grovers. New to the game this time were Jeff & Leslie and Cheryl & Earl living on Millspring. There was fun discussion on questions like:

What was the first western series on tv?

Which president established NASA?

Of Aritha Franklin, Condolessa Rice, Hank Aaron (and a couple other names!) who was not born in AL?

(No answers here—you have to come & join the fun!)

The winning trophy for the session was awarded to Don, Joyce, Killer, Mike, Bobbie & Dick.



But the consolation prize was shared by the other 3 teams, who were each only 1 point behind the winners!



Next trivia is scheduled for July 17, hosted by Linda & Bunny—plan on joining in on the fun discussions.

**WE DO NEED HOSTS** for the remainder of the year. Please see the sign-up sheet and become a host--it's as much fun coming up with the questions as it is getting the answers!





## MORE **TRIVIA** FUN!

Trivia is the first and third Tuesday's of the month. We all had fun trying to answer Linda 's questions. See the smiles on the winners table and the last place trophy table were pretty happy too. It's lots of fun and you work as a team to come up with an answer. So mark your calendar for the 1st and 3rd Tuesday's at 6:30. Residents take turns at hosting and coming up with the 20 questions. Look forward to seeing you there!



# Fall-Safe Advice

Learn how to land to lower your risk of injury.

**Knowing the right way to fall and land can reduce the impact,** says

Scott Trudeau, PhD, an occupational therapist at the American Occupational Therapist Association. Here's how to land properly to avoid getting hurt.

**1. Turn to the side.** Instead of smacking the ground frontward or backward, shift your weight so that you land on your side. "You want to land on a fleshy part of your body, such as your thigh, butt or upper arm," says Trudeau. Try to avoid landing on your hip or elbow.

**2. Tilt your head down.** Hitting your head may lead to a concussion or worse. If you're on blood thinners, it may lead to dangerous bleeding in the brain. To avoid knocking your head on the ground, bend it downward to your chin. If you

fall forward, raise your arms with elbows bent to cover your head.

**3. Relax your body.** It sounds like the last thing you should do, but going limp helps you roll to the ground, absorbing

## 8 million

PEOPLE SENT TO THE EMERGENCY ROOM DUE TO A FALL EACH YEAR

some of the shock. If you're rigid, you're more likely to get hurt. Try breathing out and relaxing your muscles as you fall.

**4. Avoid stretching out your arms or legs.** If you throw them out to break

your fall, your wrists or knees may get most of the impact, which can lead to a fracture or break. Instead, keep your wrists, elbows and knees bent.

**5. Take your time getting up.**

"Because your adrenaline is on high, you may not notice an injury right away," says Trudeau. Before you get up, take a moment to see if anything's hurt. If all is well, slowly get back to your feet.

**6. Tell your doctor.** If you have pain or an injury, get medical attention. Even if you feel fine, mention your fall at your next doctor visit. Your physician may be able to help you avoid future spills. —SHARON LIAO

Read more about how activity can improve your balance @ [arthritis.org/ATfallingrisk](http://arthritis.org/ATfallingrisk)

46 ARTHRITIS TODAY JANUARY | FEBRUARY 2018

Submitted by Shardell Craig.

## A TRIBUTE TO MERLE HAGGARD

Marty Haggard and his band will be in concert at the Foley Civic Center on August 9 at 7PM. Doors open at 6PM. \$25 advance general admission tickets are on sale now at Gypsy Queen Java (251-943-6112), by phone at 1-800- 838-3006, or online at [martyhaggardtickets.com](http://martyhaggardtickets.com). Tickets will be \$30 at the door. For more information on Marty Haggard and the tribute tour you can go online at [martyhaggardtickets.com](http://martyhaggardtickets.com). If you love the music of Merle Haggard then get your tickets now for a spectacular tribute to the man and his music. Marty Haggard, Merle's oldest son, pays tribute to his father with a show filled with music and memories. The son of legendary singer/songwriter Merle Haggard is blessed with a golden voice and a true dedication to his

music and career. Marty was privileged to be a part of his dad's career and had the opportunity to meet many of the country greats. After touring with his father for some time, Marty signed his own record contract and one of his first releases, *Trains Make Me Lonesome* garnered him a nomination as best new male country artist. In 2010 he recorded a tribute album that consisted of 15 of Merle's classics. For two years he performed his tribute show in Branson, Missouri before taking the show on the road. Since that time Marty has been charming audiences with his stories and songs honoring the memory of one of country music's greatest artists. Thursday, August 9, you have the chance to relive the life of Merle through the eyes of someone who knew him best.



# Classified Section

## **DOG SITTER NEEDED**

We are in need of a dog sitter for our 7 year old yorkie, Lola, in late September/early October. She is housebroken and VERY affectionate. If interested please contact Ronnie Lyle 334-312-4964.

~~~~~

AVON REPRESENTATIVE

Nancy Ward - 978-3916

~~~~~

## **NOTICE TO ALL GROVE RESIDENTS:**

Judith Ann Gjertson is a fully commissioned **Notary Public** in and for the State of Alabama.

If you are in need of a notary, you can contact Judy at 251-424-3907 or by email at [judygiz1214@gmail.com](mailto:judygiz1214@gmail.com) to have your papers notarized.

~~~~~

GENERAL HANDYMAN

Mitch Nelson
251-975-8340

~~~~~

## **DRYWALL FINISHING AND INTERIOR PAINTING**

Are you tired of looking at those unsightly strips on your walls? If you want smooth, finished drywall seams or just a fresh coat of paint, call Grove resident Wally at:

603-562-5953 for a drywall or painting estimate.

18194 Castle Drive



~~~~~

IMPORTANT

Please EMAIL items you would like to have published in the Fun Grove Times to nancylyle31313@gmail.com or deliver hard copy to 18090 Sapphire Lane. Please submit your items by the 24th of each month. Thank you!

~~~~~